

# **DO I HAVE TO MIX CARDIO RENEW WITH ANOTHER LIQUID?**

Yes, as Cardio Renew is highly concentrated. Servings must be mixed with at least two ounces of mineral free liquid (i.e. distilled water, pure fruit or vegetable juice, etc.). Avoid direct contact with skin or eyes. Flush immediately with water if contact with concentrated Cardio Renew does occur.