

# **CAN I TAKE MORE THAN THE RECOMMENDED 14 DROPS AT ONE TIME? HOW DO I KNOW IF I'VE TAKEN TOO MUCH?**

You can take as much as 20 drops of Cardio Renew in a single serving. However, if you experience stomach cramps or diarrhea, you have taken too much. Reduce your next serving by at least two drops. If these conditions persist, continue to reduce serving size by two drops until you have found a level that causes no discomfort or side effects.